



NATIONAL IJTEMA SYLLABUS 2017

Majlis Atfal-ul-Ahmadiyya Australia

29th September – 1st October 2017



HEADQUARTERS – BAUT-UL-HUDA MOSQUE
45 Hollinsworth Rd, Marsden Park, 2765
Email: atfal@khuddam.org.au



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Age Group 7-8

1. Tilawat Competition

Al-Kauthar

سورة الكوثر
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ.
إِنَّا أَعْطَيْنَكَ الْكَوْثَرَ. فَصَلِّ لِرَبِّكَ وَأَنْحَرْ. إِنَّ شَانِئَكَ هُوَ الْأَبْتَرُ.

2. Nazm Competition

(Repetition of Couplets is not allowed)

قرآن سب سے پیارا	قرآن سب سے اچھا
قرآن ہے سہارا	قرآن دل کی قوت
جو میرا نام آیا	اللہ میاں کا کھٹ ہے
جلدی مجھے سپارہ	اُستانی جی پڑھاؤ
Quran Sab se Acha	Quran Sab se Piyara
Quran Dil ki Qawat	Quran hey Sahara
Allah miyan ka Khat hey	Jo mere naam Aya
Ustani ji Parhao	Jaldi muje Sipara

3. Speech Competition

English & Urdu

- | | |
|------------------------------------------|----------------------------------|
| I. A Truthful Tifal | ایک سچا طفل |
| II. Atfal Pledge and my responsibilities | اطفال کا عہد اور میری ذمہ داریاں |
| III. Obedience of Parents | والدین کی اطاعت |

4. Extemporaneous Speech

(Only those who don't participate in either English or Urdu Speech)

5. Azan Competition

6. Individual Assessment

(from Atfal Yearly Syllabus. Refer to Rules & Criteria for Participation.)

7. Quiz Competition

(Refer to Rules & Criteria)

Age Group 9-11

1. Tilawat Competition

Al-'Asr

سورة العصر

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَالْعَصْرِ. إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ. إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصُوا بِالصَّبْرِ.

2. Nazm Competition

(Repetition of Couplets is not allowed)

ہے دست قبلہ نما لا اِلٰہَ اِلَّا اللہ ہے درود کی دوا لا اِلٰہَ اِلَّا اللہ
کسی کی چشم فوں ساز نے کیا جادو تو دل سے نکلی صدا لا اِلٰہَ اِلَّا اللہ
جو پھونکا جائیگا کانوں میں دل کے مردوں کے کرے گا حشر بپا لا اِلٰہَ اِلَّا اللہ

Hey Dast-e-Kibla numa – لا اِلٰہَ اِلَّا اللہ

Hey Dard-e-Dil ki dawa لا اِلٰہَ اِلَّا اللہ

Kisi ki Chashm-e-Fasoon Saz ney kiya jado

To dil se nikli sada لا اِلٰہَ اِلَّا اللہ

Jo Phonkha Jaye ga kanoo mein dil key murdoon key

Karey ga hashar bapa لا اِلٰہَ اِلَّا اللہ

3. Speech Competition

English & Urdu

- I. A Truthful Tifal ایک سچا طفل
- II. Atfal Pledge and my responsibilities اطفال کا عہد اور میری ذمہ داریاں
- IV. Obedience of Parents والدین کی اطاعت

4. Extemporaneous Speech

(Only those who don't participate in either English or Urdu Speech)

5. Azan Competition

6. Individual Assessment

(from Atfal Yearly Syllabus. Refer to Rules & Criteria for Participation.)

7. Quiz Competition

(Refer to Rules & Criteria)

Age Group 12 - 13

1. Tilawat Competition

Al Baqarah

Chapter 2, Verse 1-5



2. Nazm Competition

(Repetition of Couplets is not allowed)

نور فرقاں ہے جو سب نوروں سے اجلی نکلا
 حق کی توحید کا مر جی ہی چلا تھا پودا
 پاک وہ جس سے یہ انوار کا دریا نکلا
 یا الہی تیرا فرقاں ہے کہ اک عالم ہے
 ناگہاں غیب سے یہ چشمہ اسفی نکلا
 جو ضروری تھا وہ سب اس میں مہیا نکلا

Noor-e-Furqan hey Jo sab Nooron se Ajla Nikla –

Pak wo Jis se yeh Anwaar kar Darya nikla

Haq ki Toheed ka Murja hi Chala tha Pooda –

Na Gahan gaib se yeh Chashma Asfa nikla

Ya Elahi Tera Furqan hey k ik Aalm hey

Jo Zarori tha wo sab is mein Mohaiya nikla

3. Speech Competition

English & Urdu

- I. Blessings of Khilafat in my Life میری زندگی میں خلافت کی برکات
- II. What does a Perfect Ahmadi Child mean to me?
میرے لیے ایک مکمل طفل کا کیا مطلب ہے؟
- III. Islam's teachings for establishing Peace in the World
دنیا میں امن قائم کرنے کے لیے اسلام کی تعلیمات

4. Extemporatory Speech

(Only those who don't participate in either English or Urdu Speech)

5. Azan Competition

6. Individual Assessment

(from Atfal Yearly Syllabus. Refer to Rules & Criteria for Participation.)

7. Quiz Competition

(Refer to Rules & Criteria)

8. Friday Sermon Competition

Available Online on Alislam.org and Youtube. Tifil are advised to watch and listen to Friday Sermon delivered by Hazoor-e-Anwar ^{ATBA} and make points.

- I. 28th October 2016 – Essence of Waqfe-Nau
- II. 20th January 2017 – The Virtues of Congregational Salat

Age Group 14 – 15

1. Tilawat Competition

Al Baqarah

Chapter 2, Verse 1-5



2. Nazm Competition

(Repetition of Couplets is not allowed)

نور فرقاں ہے جو سب نوروں سے اجلی نکلا
 حق کی توحید کا مر جی ہی چلا تھا پودا
 پاک وہ جس سے یہ انوار کا دریا نکلا
 ناگہاں غیب سے یہ چشمہ اصفی نکلا
 یا الہی تیرا فرقاں ہے کہ اک عالم ہے
 جو ضروری تھا وہ سب اس میں مہیا نکلا

Noor-e-Furqan hey Jo sab Nooron se Ajla Nikla –

Pak wo Jis se yeh Anwaar kar Darya nikla

Haq ki Toheed ka Murja hi Chala tha Pooda –

Na Gahan gaib se yeh Chashma Asfa nikla

Ya Elahi Tera Furqan hey k ik Aalm hey

Jo Zarori tha wo sab is mein Mohaiya nikla

3. Speech Competition

English & Urdu

- I. Blessings of Khilafat in my Life میری زندگی میں خلافت کی برکات
- II. What does a Perfect Ahmadi Child mean to me?
میرے لیے ایک مکمل طفل کا کیا مطلب ہے؟
- III. Islam's teachings for establishing Peace in the World
دنیا میں امن قائم کرنے کے لیے اسلام کی تعلیمات

4. Extemporatory Speech

(Only those who don't participate in either English or Urdu Speech)

5. Azan Competition

6. Individual Assessment

(from Atfal Yearly Syllabus. Refer to Rules & Criteria for Participation.)

7. Quiz Competition

(Refer to Rules & Criteria)

8. Friday Sermon Competition

Available Online on Alislam.org and Youtube. Tifil are advised to watch and listen to Friday Sermon delivered by Hazoor-e-Anwar ^{ATBA} and make points.

1. 28th October 2016 – Essence of Waqfe-Nau
2. 20th January 2017 – The Virtues of Congregational Salat

Sports Competitions

Team Sports

1. Soccer
2. Touch Football/Oz Tag
3. Basketball
4. Tug of War

Individual Sports

1. Table Tennis
2. 50m race (Sageer) & 100m (Kabeer)
3. Long Jump

Game Time

1. Foosball (Table Soccer)
2. Dodgeball
3. Uno
4. Cricket

Rules & Criteria for Ilmi Competitions

Participation Criteria

(Based on Regional Tajneed not Majlis Tajneed)

Individual Competitions

- For a Total Regional Tajneed of 20 Atfal, 1 Tifil can participate from each region for each Age Group.
- Example – 40 Atfal in Region South Australia.
Solution – 2 Participants in each Age Group (7-8, 9-11, 12-13 and 14-15). 8 participants total.

Team Competitions (only 1 Miyar – see judgement criteria for more details)

- For Total Regional Tajneed of Atfal up to 50 = 2 Team can Participate.
- For Total Regional Tajneed of Atfal up to 80 = 3 Teams can Participate
- For Total Regional Tajneed of Atfal above 80 = 4 Teams can Participate

Judgement Criteria

Tiawat (Recitation of the Holy Quran)

CRITERIA	DESCRIPTION	30 MARKS
CORRECT PRONUNCIATION & RECITATION	Correct articulation of letters, correct pronunciation of words and following all rules of correct recitation (e.g. AlMadd, Tashdeed, Tanween, Qalqala, Ikhfā, Izhār, Iqlab, Idghām)	10 Marks
TARANNUM / MELODY	Rhythmic recitation; overall sweetness of delivery, pleasant melodious voice.	10 Marks
CORRECT DELIVERY, FLOW, AND VOICE	I. Following rules for stops, pauses, and joining words II. Clear, crisp, and strong voice; III. Appropriate delivery, volume, and speed	10 Marks

Nazm Competition (No Repetition allowed)

CRITERIA	DESCRIPTION	30 MARKS
CORRECT PRONUNCIATION & RECITATION	I. Correct pronunciation of words (with some exceptions where allowed) II. Appropriate stops and pauses	10 Marks
MELODY	Overall sweetness of Delivery, attractiveness and pauses.	10 Marks
CORRECT DELIVERY, FLOW, AND VOICE	Clear, crisp, and strong voice; Appropriate delivery, volume, and speed	10 Marks

Speech – English, Urdu and Extemporary Speeches

- Time allowed for the speech competition is 3 minutes and 2 min for Extemporary Speech
- Tashahhad time will not be included in 3-minute speech time; however, marks will be deducted if it is recited incorrectly

CRITERIA	DESCRIPTION	30 MARKS
CONTENT	Use of versus of the Holy Quran, Ahadith, Quotations and/or Poetic Verses.	10 Marks
STYLE OF DELIVERY AND VOICE	1. Confidence and continuity. 2. Clear, crisp and strong voice 3. Appropriate delivery, volume and speed	10 Marks
ORAL PRESENTATION	Presents all or most of the speech from memory	10 Marks

Azan Competition

CRITERIA	DESCRIPTION	30 MARKS
CORRECT PRONUNCIATION	Correct articulation of letters and content pronunciation of words	10 Marks
TARANNUM/MELODY	Rhythmic recitation; overall sweetness of delivery, pleasant melodious voice.	10 Marks
VOICE & DELIVERY	Clear, crisp, and strong voice; Appropriate delivery, volume, and speed	10 Marks

Quiz Competition

- 1- There is only one Miyar for this Competition – All Ages 7-15
- 2- There will be no more than 4 Atfal in each team.
- 3- Nazmeen Atfal must select 2 Atfal from Miyar-e-Sagheer and 2 Atfal from Miyar-e-Kabeer.
- 4- Quiz will be compiled from yearly syllabus Booklet, following are some examples
 - a. Namaz with Translation
 - b. Life of Holy Prophet (saw) and Promised Messiah(as) and their successors
 - c. Selected Prayers & Aahdith

Friday Sermon of Hazoor-e-Anwar(Atba) Competition**(Only for Age group 12-13 & 14-15)**

1. This is a written assessment for Miyar-e-Kabeer Atfal
2. No limit for number of participation
3. Questions will be from selected 2 Friday Sermons
4. Questions will be Multiple choice, True/False and descriptive format
5. There will be an hour to complete this exam

Individual Assessments (Best Tifal of the Year)

(only selected Atfal can participate who are nominated for BEST Tifal of the year)

Following is the selection criteria against each region

- There is only one Miyar for Best Tifal (you can send names from any age group)
- Each selected Tifal has to bring his namaz chart with Nazim Sb atfal and Qaid Majlis Approval
- Criteria is explained in Atfal yearly syllabus on page# 136 (please read the instructions carefully)
- All selected atfal has to fulfill mandatory criteria, assess by Local Nazim Atfal (mentioned on yearly Syllabus)
- Selected Tifal will be disqualified if his age does not match with tajneed sent by Local Nazim Atfal

Instructions for Regional Nazmeen Atfal

1. MUST send Markaz selected names for all competitions at least 2 weeks before National Ijtema
2. Nazmeen Atfal are advised to attend National ijtema or send representative
3. Check Tajneed and inform Atfal regarding which group they belong to. Age will be strictly followed from latest Tajneed provided.

Rules & Criteria for Sports Competitions

Participation Criteria

- Participation in all sports will be on Regional Bases
- There are Only Two Miyars – Sagheer (7-11) and Kabeer (12 – 15)
- Each Miyar can have 2 Teams per Region.

General Code of Conduct for all Sports

Any decision made by an Umpire or official in the game/competition will be regarded as final. Only the Captain of the team has the right to inquire about a decision made by the Umpire/Official in a manner that is deemed to be appropriate. Any Tifal (player) showing dis-respect or questioning the Umpire/Official will be formally warned by the Umpire/ Official as a warning. A second occurrence will be reported to the Ijtema Committee (TIC) (comprising of Sadr Sahib Khuddam-ul- Ahmadiyya Australia, Muhtamim Muqami Sahib, Nazim-e-Ala, Naib Nazim-e-Ala and Nazim Atfal) after the match. Officials will decide whether the Tifal will be able to continue the match or if he is suspended immediately. After receiving the report TIC (Sadr Khuddam-ul-Ahmadiyya along with Nazim Sports) will decide whether the Tifal will take further part in the competition.

This competition comes under the guidance of Tarbiyyat followed by Ita'at (obedience) and for that matter it is essential that all Atfal in attendance follow the system of Jama'at-e-Ahmadiyya and respect any person given an official duty. All Atfal are expected to play “with the spirit of the game” in mind and follow proper sportsmanship.

Rules of Atfal Sports

Following rules are based on the assumption that relevant competitions are running according to Ijtema Program. Time allocation and rules of any competition may be amended to suit Ijtema program at the discretion of TIC.

SOCCER

- 16 players per team maximum (per game), and depending on the numbers 11 on a field
- All round games will have 20 minutes halves with 5 minutes break. The Final will be 20 minutes with a half time break of 10 minutes. (Time is Subject to Change)
- Must have soccer boots and shin pads
- Two yellows cards in a match will signify a Red card and cause the player in question to be suspended for the next game
- Wild Card entry into semi-finals if required. Penalty Shoot-out to determine Wild Card if required.
- All other international rules will be applied

OZ-TAG

- Oz tag is a non-contact version of rugby league.
- Maximum of 8 players at any one time.
- All round games will have 10 minute halves with 5-minute break. The Final will be 15 minutes with a half time break of 10 minutes.
- Defender must remove one or both tags to stop attackers progress. He then holds up the tag and drops it to the ground marking where the play the ball should occur.
- Defence must be back seven metres.
- Defensive line can move forward only when dummy half touches the ball. Dummy half can run and be tagged with the ball.

- Six tags/plays to promote ball before changeover.
- An attacker must stop and play the ball if he is in possession with only one tag on.
- A knock back is play on, knock on advantage rule applies
- The game is non-tackling limited contact the attacker cannot deliberately bump into defender. A defender cannot change direction and move into attacker's path. Whoever initiates contact will be penalised. The onus is on the attacking player to avoid defender.
- The ball carrier is not allowed to protect his tag or fend off defenders.
- A try is awarded to the attacking team when they ground the ball on or over the try line.

TUG OF WAR

- Maximum of 11 and minimum of 8 players a side, or depending on the numbers.
- The objective of tug of war is to pull the opposing team a distance of four metres from a fixed centre point.
- Pullers grip the rope with their bare hands. No knots or loops should be tied in the rope, and the rope should not be wrapped around any limbs.
- Teams are not allowed to suddenly let go of the rope and deliberately cause the opposing team to fall over.
- Each match is a best of three end pull. The team that wins two ends is the winner.
- Teams are not allowed to sit on the floor.
- All other international rules will be applied

BASKETBALL

- 8 players per team maximum (per game), and depending on the numbers 5 on the court.
- All round games will have 10 mins. The Final will be 15 minutes.
- All international rules will be applied

50 METRE & 100 METRE SPRINT

- Singles only
- Unlimited Majlis participation.
- Starter will blow whistle after the call of Ready, Set and Whistle. Participants to move on Whistle.
- First to cross end line will win as determined by the Judges. Second and Third also determined by Judges.
- All other international rules will be applied

LONG JUMP

- Each participant will be given two trials
- Markers are provided by the organising committee to the players to mark their take-off and run off points.
- Soon after the athlete jumps, measurement is done from the nearest point that has touched the take-off point.
- All measurements are done perpendicular to the take-off point.

DISCLAIMER: All Nazmeens, Parents and Atfal Participants are advised the program stated above are subject to change due factors beyond our reach. Main factors include any Maroof decision by Respected Ameer Sb/Sadr Khuddam ul Ahmadiyya and/or other factors such as lack of time due to weather or other reason.

Muhtamim Atfal Australia - Muhammad Iqbal

Email: atfal@khuddam.org.au

Phone: 0412 590 948